

GRAB AND GO

I know this list is quite extensive but use it as a guide to jog your memory to figure out what you need for the people in your party. Most of our call outs are just a few hours but be prepared for 24 hours !
Thanks to Dick, KF7TFC for this extensive list!

TEN ESSENTIALS

NAVIGATION : Compass, GPS, Batteries, Map, Watch and Whistle

ELEMENTAL PROTECTION: lip balm, suntan lotion, insect repellent, sun glasses, N95 mask, hat, 2 scarves, handkerchiefs and hat

INSULATION (EXTRA CLOTHING): Seasonal clothing, jacket, rain gear, extra socks, leather work gloves, boots, dry shoes, warm cap or hat, long sleeve shirts and wicking under clothing

ILLUMINATION: solar charger and adapters, LED flash light & batteries, LED head light & batteries, Solar collapsable LED light, and Candle

FIRST AID: ACE bandage. Alcohol swabs, 2 x 2 pads, Adhesive tape, Neosporin, Colloidal Silver, Styptic powder, Tincture of yarrow, Triangular bandages, band-aids, mole skin, aspirin, hydrocortizone cream, Aleve and antihistamines, tweezers, sutures and needles, magnifying glass, sting kill, scissors, nail clippers, nitrile gloves and anti-diarrhea medication

FIRE: waterproof strike matches, windproof lighter, tea light candles, 5 inch fixed blade(hunting) knife, Flint and Steel kit and pitch wood/fire starter

REPAIR KITS FOR: snow shoes(if taken), sewing kit, extra shoe laces, Back pack, Multi tool (Leatherman), duct tape(minimum 25 ft.), Large heavy duty garbage bags, tent or tarp repair kit, ceramic knife sharpener

NUTRITION: appropriate food for location, Cliff Bars or Fig Newtons or Red Bars, mess kit, metal cup, Plastic Zip Lock bags (various sizes), Dish soap (Blue Dawn), Can opener(P38), stove & fuel (if liquid, a funnel), cook pot if no mess kit, pot scrubber, salt, pepper, spices and herbs, Coffee and tea

HYDRATION: water (3 + qts per person), water filter, Purification tablets

EMERGENCY SHELTER: Bivy sack/emergency shelter, ensolite pad, /air mattress, tent, tarp, cot

COMMUNICATIONS: Cell phone and car charger, extra batteries/ battery packs, pencils pens and note pad, HT radio with user manual or cheat sheet, car charger for the radio and extra batteries, portable antenna, coax cable, Band plan chart for the area IC-205 and the COARECT Roster

PERSONAL: automobile with a full tank of fuel, list of medications, enough meds for 96 hours, kleenex, "Mountain Gold"(Toilet Paper), Moist wipes, small shovel, cash \$50 +in a small bills, spare eye glasses, sun glasses, hand soap in a container, hand sanitizer, hand towel and wash cloth in a plastic bag.

PERSONAL PROTECTION: Keep it legal!